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Wednesday, January 25, 2012

## Why You Absolutely Must Personally Treat Your Own Water

Mike Barrett  
**Activist Post**



Why do we need to worry about the water we are consuming each and every day?

When referring to a group of people or someone acting different, the phrase "it must be in the water" is often used as a response. While this phrase is always used comically, you need to know that many of your health problems may indeed be result of what is in the water you are consuming every day.

### Why You Need to Personally Treat Your Own Water

Many people are unaware of the vast amount of chemicals lurking in nearly all public water supplies. If you are using tap water to cook your food, or drinking it straight from the faucet, then you are exposing yourself to these substances. One of the most commonly noted, controversial substances in the water supply is fluoride.

It was only a few years ago that if you labeled fluoride as a dangerous substance, you would be laughed at and scorned. For years, a select minority of individuals were the only ones raising the awareness of this health concern. Their cries have been and continue to be met with dissonance, despite the fact that the public's opinion on fluoride has changed much in just a short time.

In fact, **even the United States government** has called for lower levels of water fluoridation following a study published in *Environmental Health Perspectives*, which **found that increased fluoride consumption led to decreased IQ in children.**

[Check your city's fluoride levels.](#)

Fluoride is not the only thing in your water. Cocaine, various hormones birth control, pharmaceuticals, and other toxic pollutants are often found in the drinking water across the United States.

### Other pollutants typically found in the drinking water:

- **Lead**, which can enter the water supply through corrosive pipes or improper water treatment
- **Pathogens** that cause disease and are especially crippling to those with weakened immune systems
- By-products of chlorine treatment such as **trihalomethanes** and **haloacetic acids**, which have been linked to cancer and reproductive problems

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- **Radon**, a carcinogen linked to lung cancer

So what do you do about it? One of the best options to prevent against exposure to these chemicals is to purchase a high quality water filter, and one that filters fluoride. Two very good options for this would be the **ULTRA Countertop**, and **ULTRA-uc Undercounter** water filtration systems from PureEffect.

The Ultra Models are "all-in-one", high performance water revitalization systems. They raise water's PH and negative ORP (antioxidant potential). In addition, natural minerals and electrolytes are supported while the systems filter out **radiation**, VOCs, drug residues, and heavy metals such as mercury, barium, lead, copper, aluminum, and others. It does all of this while *not requiring electricity* to operate.

The units also successfully filter out herbicides and pesticides, which is becoming a growing concern. New research has confirmed that Monsanto's **best-selling herbicide Roundup** has been found to be contaminating the groundwater in areas it is being applied in. Specifically, the water is being polluted with a carcinogenic chemical it contains known as glyphosate. What does this mean? It means that **toxic glyphosate is now polluting the world's drinking water** through the widespread contamination of aquifers, wells and springs. If you want to filter this toxic herbicide out, these units will do it for you.

You can check out these particular water filter systems here – **ULTRA Countertop** – and here – **ULTRA-uc Undercounter**.

#### Explore More:

1. [Toxic Tap Water: Chemical Laden Water Tied to a Number of Life Threatening Diseases](#)
2. [Water Successfully Turned into a Commodity by the Bottled Water Industry](#)
3. [Scientists Uncover Truth About Fluoride and Other Water Contaminants](#)
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 **apeman2502** said...

I see a lot of naive people around who solicit a short-cut to the afterlife through the savior of their choice. Recently this expeditor is more oriented toward the black arts, and the naive Christians go along for the ride. This is NOT what Jesus had in mind.

January 25, 2012 11:01 AM

**Anonymous** said...

Other methods of treating water are distillation and RO water. Other brands of filters are berkey and justwater.me filters. This article is relatively narrow as if to sell a product. I don't have experience with the product in question so I cannot speak to its efficacy. However I do .2 micron filtering and distillation. Half and half. That I can speak to.

My main problem with filtration (which I have used for years) is the reliance on high tek expensive consumer market items (the filter cartridges) amidst a socio-economic collapse. Not renewable once the filter is used up.

Also I have had both berkey black and flouride/arsenic 5 removal elements leak and fail. Especially troubling was the flouride/arsenic 5 removal elements because they can leak aluminum oxide particles into the filtered water. I no longer use that product because of that companys unwillingness to remedy a potentially dangerous manufacturers defect without additional payment.

I think that every household needs to have layers and systems diverse, in order to meet the challenges of providing non-toxic clean potable water into the new paradigm we are all entering. One item type food stocks (ramen) wont do to feed you. One single weapon is not good for all dangerous situations. One hammer is not a toolbox. Band-aids are not sufficient in place of sutures, and a water filter is but one tool for a job that is important as life itself. One filter, one distiller, one RO setup one technology alone is not enough.

January 25, 2012 12:16 PM

 **WahrheitFreiheitFriede** said...

In Germany we don't have these problems, cause dirty tap water is not allowed and the supplies are supervised. Go and engage for an according change of laws in the US!

January 25, 2012 12:53 PM

**Anonymous** said...

I have experience with the filtration systems mentioned and what I've found is they make the water too clean, almost type I h2o. water that clean will leach minerals out of bone as the water attempts to balance itself. I've done TDS, pH and metals testing on RO v. tap and my data shows RO filtering is more than sufficient for household use. PureEffect systems are better suited to semiconductor manufacturing.

January 25, 2012 1:36 PM

**Anonymous** said...

How can an article like this leave out the obvious poison that is actually legislated: fluoride?

January 25, 2012 1:57 PM

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