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## **Aspartame To Be Added To Following Foods (Codex!)**

From Dr. Betty Martini, D.Hum

11-8-10

Here is the Confidential Secret Trade Information on aspartame.

[http://www.wnho.net/trade\\_secret\\_information\\_on\\_aspartame.htm](http://www.wnho.net/trade_secret_information_on_aspartame.htm)

Please note that Searle admitted that aspartame could not be used for everything. Even the FDA mentioned you could not use it to bake because it breaks down. Yet they approved it in dry products to begin with and when you put Equal in such things as hot coffee you just heated it. Then in 1993 they approved it for baking against their own instructions. In 1996 Dr. David Kessler granted blanket approval for it to be used in everything. How did they do it?

Dr. Kessler said if the complaints went down they could do it. So the FDA stopped taking complaints and many people called and asked why they would not take the complaint. But then I couldn't understand how they could reduce the existing complaints even if they didn't add more. On the report in 1995 they stated they had to change their bookkeeping records and had to throw away hundreds of aspartame complaints. In Congress it was admitted in 1985 in the Senate that the FDA had so many complaints that they were sending them to the AIDS Hotline.

The National Soft Drink Assn wrote a 33 page protest on aspartame because it breaks down and decomposes. It violates adulteration laws, and therefore interstate commerce laws. [http://www.laleva.org/eng/2007/03/open\\_letter\\_to\\_dr\\_dick\\_adamson\\_of\\_american\\_beverage\\_regarding\\_protest\\_of\\_using\\_aspartame\\_in\\_carbonated\\_beverages.html](http://www.laleva.org/eng/2007/03/open_letter_to_dr_dick_adamson_of_american_beverage_regarding_protest_of_using_aspartame_in_carbonated_beverages.html)

Everything is a matter of public record. Aspartame needs to be banned, period, but also with Codex.

Dr. Betty Martini, D.Hum, Founder  
Mission Possible International  
9270 River Club Parkway  
Duluth, Georgia 30097  
770 242-2599  
www.mpwhi.com, www.dorway.com, www.wnho.net  
Aspartame Toxicity Center, www.holisticmed.com/aspartame

ASPARTAME... list of foods it has been approved for

Found this on the codex website under "current official standards list" one of the many .pdf listed for our food standards.

<http://www.codexalimentarius.net/web...ist.do?lang=en>

ASPARTAME: It starts on page 74 of a 259 .pdf listing food additives and how much can go into a product. Cheese, bread, veggies, fruits, fish, coffee..... beer

General Standard for Food Additives

[http://www.codexalimentarius.net/web...o.jsp?id\\_sta=4](http://www.codexalimentarius.net/web...o.jsp?id_sta=4)

ASPARTAME

INS 951 Aspartame Functional Class: Flavour enhancer, Sweetener

FoodCatNo... FoodCategory... MaxLevel... Notes... Year Adopted

01.1.2 Dairy-based drinks, flavoured and/or fermented (e.g., chocolate milk, cocoa, eggnog, drinking yoghurt, wheybased drinks) 600 mg/kg 161 & 191 2007

01.3.2 Beverage whiteners 6000 mg/kg 161 & 191 2008

01.4.4 Cream analogues 1000 mg/kg 161 & 191 2008

01.5.2 Milk and cream powder analogues 2000 mg/kg 161 & 191 2007

01.6.1 Unripened cheese 1000 mg/kg 161 & 191 2008

01.6.5 Cheese analogues 1000 mg/kg 161 & 191 2008

01.7 Dairy-based desserts (e.g., pudding, fruit or flavoured yoghurt) 1000 mg/kg  
161 & 191 2007

02.3 Fat emulsions mainly of type oil-in-water, including mixed and/or  
flavoured products based on fat emulsions 1000 mg/kg 161 & 191 2008

02.4 Fat-based desserts excluding dairy-based dessert products of food category  
01.7 1000 mg/kg 161 & 191 2007

03.0 Edible ices, including sherbet and sorbet 1000 mg/kg 161 & 191 2007

04.1.2.1 Frozen fruit 2000 mg/kg 161 & 191 2008

04.1.2.2 Dried fruit 2000 mg/kg 161 & 191 2008

04.1.2.3 Fruit in vinegar, oil, or brine 300 mg/kg 144 & 191 2007

04.1.2.4 Canned or bottled (pasteurized) fruit 1000 mg/kg 161 & 191 2007

04.1.2.5 Jams, jellies, marmelades 1000 mg/kg 161 & 191 2007

04.1.2.6 Fruit-based spreads (e.g., chutney) excluding products of food category  
04.1.2.5 1000 mg/kg 161 & 191 2007

04.1.2.7 Candied fruit 2000 mg/kg 161 & 191 2007

ASPARTAME

CODEX STAN 192-1995 75

Table One

FoodCatNo FoodCategory MaxLevel Notes Year Adopted

04.1.2.8 Fruit preparations, including pulp, purees, fruit toppings and coconut milk 1000 mg/kg 161 & 191 2007

04.1.2.9 Fruit-based desserts, including fruit-flavoured water-based desserts 1000 mg/kg 161 & 191 2007

04.1.2.10 Fermented fruit products 1000 mg/kg 161 & 191 2007

04.1.2.11 Fruit fillings for pastries 1000 mg/kg 161 & 191 2007

04.1.2.12 Cooked fruit 1000 mg/kg 161 & 191 2007

04.2.2.1 Frozen vegetables (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), seaweeds, and nuts and seeds 1000 mg/kg 161 & 191 2008

04.2.2.2 Dried vegetables (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), seaweeds, and nuts and seeds 1000 mg/kg 161 & 191 2008

04.2.2.3 Vegetables (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), and seaweeds in vinegar, oil, brine, or soybean sauce 300 mg/kg 144 & 191 2007

04.2.2.4 Canned or bottled (pasteurized) or retort pouch vegetables (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), and seaweeds 1000 mg/kg 161 & 191 2008

04.2.2.5 Vegetable (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), seaweed, and nut and seed purees and spreads (e.g., peanut butter) 1000 mg/kg 161 & 191 2008

04.2.2.6 Vegetable (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), seaweed, and nut and seed pulps and preparations (e.g., vegetable desserts and sauces, candied vegetables) other than food category 04.2.2.5 1000 mg/kg 161 & 191 2008

04.2.2.7 Fermented vegetable (including mushrooms and fungi, roots and

tubers, pulses and legumes, and aloe vera) and seaweed products, excluding fermented soybean products of food categories 06.8.6, 06.8.7, 12.9.1, 12.9.2.1 and 12.9.2.3 2500 mg/kg 161 & 191 2008

04.2.2.8 Cooked or fried vegetables (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), and seaweeds 1000 mg/kg 161 & 191 2008

05.1.1 Cocoa mixes (powders) and cocoa mass/cake 3000 mg/kg 97 & 191 2007

05.1.2 Cocoa mixes (syrops) 1000 mg/kg 161 & 191 2007

05.1.3 Cocoa-based spreads, including fillings 3000 mg/kg 161 & 191 2008

05.1.4 Cocoa and chocolate products 3000 mg/kg 161 & 191 2008

05.1.5 Imitation chocolate, chocolate substitute products 3000 mg/kg 161 & 191 2008

05.2.1 Hard candy 3000 mg/kg 161 & 148 2008

05.2.2 Soft candy 3000 mg/kg 161 & 148 2008

05.2.3 Nougats and marzipans 3000 mg/kg 161 & 191 2008

05.3 Chewing gum 10000 mg/kg 161 & 191 2007

05.4 Decorations (e.g., for fine bakery wares), toppings (nonfruit) and sweet sauces 1000 mg/kg 161 & 191 2007

06.3 Breakfast cereals, including rolled oats 1000 mg/kg 161 & 191 2007

06.5 Cereal and starch based desserts (e.g., rice pudding, tapioca pudding) 1000 mg/kg 161 & 191 2007

ASPARTAME

Table One

FoodCatNo FoodCategory MaxLevel Notes Year Adopted

07.1 Bread and ordinary bakery wares 4000 mg/kg 161 & 191 2008

07.2 Fine bakery wares (sweet, salty, savoury) and mixes 1700 mg/kg 165 & 191 2007

09.2 Processed fish and fish products, including mollusks, crustaceans, and echinoderms 300 mg/kg 144 & 191 2007

09.3 Semi-preserved fish and fish products, including mollusks, crustaceans, and echinoderms 300 mg/kg 144 & 191 2007

09.4 Fully preserved, including canned or fermented fish and fish products, including mollusks, crustaceans, and echinoderms 300 mg/kg 144 & 191 2007

10.4 Egg-based desserts (e.g., custard) 1000 mg/kg 161 & 191 2007

11.4 Other sugars and syrups (e.g., xylose, maple syrup, sugar toppings) 3000 mg/kg 159 & 191 2007

11.6 Table-top sweeteners, including those containing highintensity sweeteners GMP 191 2007

12.2.2 Seasonings and condiments 2000 mg/kg 161 & 191 2008

12.3 Vinegars 3000 mg/kg 161 & 191 2008

12.4 Mustards 350 mg/kg 191 2007

12.5 Soups and broths 1200 mg/kg 161 & 188 2009

12.6 Sauces and like products 350 mg/kg 191 2007

12.7 Salads (e.g., macaroni salad, potato salad) and sandwich spreads excluding

cocoa- and nut-based spreads of food categories 04.2.2.5 and 05.1.3 350 mg/kg  
161 & 166 2007

13.3 Dietetic foods intended for special medical purposes (excluding products  
of food category 13.1) 1000 mg/kg 191 2007

13.4 Dietetic formulae for slimming purposes and weight reduction 800 mg/kg  
191 2007

13.5 Dietetic foods (e.g., supplementary foods for dietary use) excluding  
products of food categories 13.1 - 13.4 and 13.6 1000 mg/kg 191 2007

13.6 Food supplements 5500 mg/kg 191 2007

14.1.3.1 Fruit nectar 600 mg/kg 191 2005

14.1.3.2 Vegetable nectar 600 mg/kg 161 & 191 2007

14.1.3.3 Concentrates for fruit nectar 600 mg/kg 127 & 191 2005

14.1.3.4 Concentrates for vegetable nectar 600 mg/kg 127 & 161 2007

14.1.4 Water-based flavoured drinks, including "sport," "energy," or  
"electrolyte" drinks and particulated drinks 600 mg/kg 161 & 191 2007

14.1.5 Coffee, coffee substitutes, tea, herbal infusions, and other hot cereal and  
grain beverages, excluding cocoa 600 mg/kg 160 & 161 2007

14.2.7 Aromatized alcoholic beverages (e.g., beer, wine and spirituous  
cooler-type beverages, low alcoholic refreshers) 600 mg/kg 191 2007

15.0 Ready-to-eat savouries 500 mg/kg 191 2008

ASPARTAME-ACESULFAME SALT

INS 962 Aspartame-acesulfame salt Functional Class: Sweetener

FoodCatNo FoodCategory MaxLevel Notes Year Adopted

# ASPARTAME-ACESULFAME SALT

CODEX STAN 192-1995 77

## Table One

FoodCatNo FoodCategory MaxLevel Notes Year Adopted

01.1.2 Dairy-based drinks, flavoured and/or fermented (e.g., chocolate milk, cocoa, eggnog, drinking yoghurt, wheybased drinks) 350 mg/kg 113 & 161 2009

01.7 Dairy-based desserts (e.g., pudding, fruit or flavoured yoghurt) 350 mg/kg 113 & 161 2009

02.4 Fat-based desserts excluding dairy-based dessert products of food category 01.7 350 mg/kg 113 & 161 2009

04.1.2.4 Canned or bottled (pasteurized) fruit 350 mg/kg 113 & 161 2009

04.1.2.5 Jams, jellies, marmelades 1000 mg/kg 119 & 161 2009

04.1.2.8 Fruit preparations, including pulp, purees, fruit toppings and coconut milk 350 mg/kg 113 & 161 2009

04.1.2.9 Fruit-based desserts, including fruit-flavoured water-based desserts 350 mg/kg 113 & 161 2009

04.2.2.3 Vegetables (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), and seaweeds in vinegar, oil, brine, or soybean sauce 200 mg/kg 113 & 161 2009

04.2.2.6 Vegetable (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), seaweed, and nut and seed pulps and preparations (e.g., vegetable desserts and sauces, candied vegetables) other than food category 04.2.2.5 350 mg/kg 113 & 161 2009

05.1.5 Imitation chocolate, chocolate substitute products 500 mg/kg 113 & 161 2009

07.2 Fine bakery wares (sweet, salty, savoury) and mixes 1000 mg/kg 77 & 113 2009

09.3 Semi-preserved fish and fish products, including mollusks, crustaceans, and echinoderms 200 mg/kg 113 2009

09.4 Fully preserved, including canned or fermented fish and fish products, including mollusks, crustaceans, and echinoderms 200 mg/kg 113 2009

13.4 Dietetic formulae for slimming purposes and weight reduction 450 mg/kg 113 2009

13.5 Dietetic foods (e.g., supplementary foods for dietary use) excluding products of food categories 13.1 - 13.4 and 13.6 450 mg/kg 113 2009

14.2.7 Aromatized alcoholic beverages (e.g., beer, wine and spirituous cooler-type beverages, low alcoholic refreshers) 350 mg/kg 113 2010

If they don't get this deadly chemical poison off the market soon,  
who will be left standing?

Betty

<http://www.mpwhi.com>, [www.dorway.com](http://www.dorway.com), <http://www.wnho.net>

Aspartame Toxicity Center, <http://www.holisticmed.com>  
[/aspartamewww.holisticmed.com/aspartame](http://www.holisticmed.com/aspartame)

This is unbelievably you would not even think they would just add Aspartame in high levels to some of these foods!!!

<http://www.timebomb2000.com/vb/showthread.php?t=372434>Aspartame

Approved to be Added to Following Foodstuff

A few samples of all the many kinds of food products they are with this carcinogen:

"Vegetable (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), seaweed, and nut and seed pulps and preparations (e.g., vegetable desserts and sauces, candied vegetables) other than food category 04.2.2.5 1000 mg/kg 161 & 191 2008

04.2.2.7 Fermented vegetable (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera) and seaweed products, excluding fermented soybean products of food categories 06.8.6, 06.8.7, 12.9.1, 12.9.2.1 and 12.9.2.3 2500 mg/kg 161 & 191 2008

04.2.2.8 Cooked or fried vegetables (including mushrooms and fungi, roots and tubers, pulses and legumes, and aloe vera), and seaweeds 1000 mg/kg 161 & 191 2008

05.1.1 Cocoa mixes (powders) and cocoa mass/cake 3000 mg/kg 97 & 191 2007"

The list gets worse....

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