

Aspartame Causes Blood Disorders

From Dr. Betty Martini, D. Hum
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Aspartame (NutraSweet/Equal/Spoonful, E951, Benevia, Canderel, etc.) is an excitoneurotoxic carcinogenic drug that interacts with all drugs and vaccines. http://www.wnho.net/aspartame_interacts.htm Because it's an actual chemical poison it causes polychemical sensitivity syndrome or MCS, so even if victims get off this toxin they often think they are allergic to other things, react to genetically engineered products, and synthetic sweeteners which are toxins themselves like Sucralose (Splenda) a chlorocarbon poison. http://www.wnho.net/splenda_chlorocarbon.htm These are toxic, not allergic reactions.

Neurosurgeon Russell Blaylock, M.D., author of *Excitotoxins: The Taste That Kills* on aspartame and MSG, and *Health & Nutrition Secrets To Save Your Life*, described the toxic effects of aspartame: "Aspartame, an L aspartyl L-phenylalanine methyl ester, is composed of two amino acids, aspartate and phenylalanine, linked by methanol. Inside the gastrointestinal tract, especially in the stomach, it's broken down into its constituent components. In some instance the dipeptide is lysed within the cells of the gut. As a consequence the methanol is rapidly absorbed and distributed throughout the tissues of the body. Within the tissues, substantial amounts of methanol's two metabolic breakdown products (formaldehyde and formic acid) have been shown to accumulate in many tissues."

If ever a toxin completely defiled the body it's aspartame. Dr. Blaylock elaborated on the breakdown products of formaldehyde and formic acid, which have been shown in several important studies to be extremely toxic to tissues in very small doses. "A study by Trocho, Pardo and co-workers demonstrated following aspartame ingestion, significant amounts of formaldehyde accumulate in the tissues. Formaldehyde is known to bind strongly to proteins and nucleic acids, forming adducts that are extremely difficult to eliminate through normal metabolic pathways. In this study, they demonstrated labeled methanol (as formaldehyde) accumulated in high concentrations in the liver (50%) and in lower, but substantial, concentrations in the kidney, adipose tissue, brain and retina. Within the cell, they found large amounts located within the DNA. It was interesting to note these doses were lower than that used in toxicity studies. Previous studies have shown that very high doses of aspartame may not cause acute

symptomatology. This study indicates the damage may necessitate longer periods of time to manifest itself, and that the eventual effects can be quite deleterious."

The 1998 Trocho Study done in 1998 proved that those who consume aspartame are pre-embalmed. H. J. Roberts, M.D. in his 1038 page medical text, *Aspartame Disease: An Ignored Epidemic*, confirms this pre-embalming on page 675. He says: "Inferences by funeral directors about the "pre-embalming" of persons who had been heavy aspartame consumers initially evoked considerable skepticism.

"But this theme kept surfacing. One experienced undertaker literally warned his family against using diet sodas after repeatedly detecting the deposition of formaldehyde crystals deposited in the organs of such individuals. Some funeral directors even insisted on closing the caskets of persons who had consumed large amounts of aspartame because formaldehyde seeped through the skin."

Dr. Roberts said this issue has religious ramifications. Jewish law forbids embalming because it considers prompt burial a sign of respect for the deceased. He describes the carcinogenic mechanisms on page 798, the diketopiperazine aspartame derivative has been incriminated as a tumor-causing chemical. Aspartame triggered brain tumors and brain cancer in original studies, also other tumors: mammary, ovarian, pancreatic, thyroid, testicular and uterine.

Further religious ramifications: Jehovah's Witnesses refuse blood transfusions because Acts 15:29 says to "keep abstaining from blood" and Leviticus 17:10 prohibited eating "any sort of blood". The Jewish prohibition was carried over to the Christian congregation. So the fact that aspartame causes blood disorders is a serious one. Witnesses do not smoke since it defiles the body. Aspartame does too. Many people no longer take blood transfusions because of disease spread through the blood such as AIDS and hepatitis. Today there is an Institute of Bloodless Surgery in Norwalk, California. The late Ron Lapin, M.D. founder of this Institute was nominated for the Nobel Prize by several countries and also developed the cautery scalpel so patients would not bleed in surgery.

That Aspartame causes leukemia was proven by the Cancer Research Center of the European Foundation of Oncology and Environmental Sciences in Bologna, Italy in July. This was an impeccable three-year study on 1800 rats to evaluate the potential carcinogenic effects of aspartame. Aspartame also induced an increase in lymphomas. Dr. H. J. Roberts had written about lymphoma in an article titled: *Does Aspartame Cause Human Brain Cancer?* published in the *Journal of Advancement in Medicine* in 1991.

<http://www.dorway.com/betty/brainc.txt>

Neurosurgeon Russell Blaylock, M.D. commented: "The new study released in the *European Journal of Oncology* by Morando Soffritti and co-workers should terrify mothers and all those consuming aspartame

sweetened products. This was a carefully done study which clearly demonstrated a statistically significant increase in several types of lymphomas and leukemias in rats. Both of these malignancies have increased significantly in this country since the widespread use of aspartame."

He said further, "This study confirmed the previous study by Dr. Trocho and co-workers, which also found the formaldehyde breakdown product of aspartame to be damaging to cellular DNA and that this damage was accumulative. This type of damage was a duplicate of that associated with cancers. Along with the most recent study, this means that drinking a single diet cola sweetened with aspartame every day could increase one's risk of developing a lymphoma or leukemia."

In this study only rats fed aspartame developed malignant brain tumors. We are taking brain tumor case histories for litigation in New York and New Jersey. These states have a three year statute of limitations.

Dr. Blaylock said children and pregnant women drink the most diet colas, so children are at the greatest risk of developing one of these horrible diseases. The study found that even low doses of aspartame cause these malignancies, yet the higher the dose, the more cancers that were seen.

It seems inconceivable the FDA would allow this deadly chemical on the market without even a warning for pregnant women. Aspartame is also an endocrine disrupting drug causing infertility, and a teratogen causing birth defects and mental retardation. Dr. James Bowen wrote that aspartame murders infants and violates the Federal genocide law.
http://www.wnho.net/aspartame_murders_infants.htm

Books by Doctors Roberts and Blaylock describe many degenerative diseases. Dr. Blaylock relates: "Aspartame has been shown by several studies to damage DNA, which can lead to cancer and degenerative brain disorders later in life. The risk of increased brain tumors in such a child would be enormous. Similar mechanisms of damage would be expected in these with liver disease. Studies on aspartame safety have shown that the product increases tumors throughout numerous organs, especially the brain. It was shown that brain tumor incidence increased over 47 times in animals exposed to aspartame."

Further, Dr. Blaylock accused: "With the public concern over childhood obesity and diabetes few are being told of the overwhelming evidence that early exposure of excitotoxins as found in aspartame consistently produce gross obesity and insulin resistant diabetes, just as we are seeing in our youth. The promoters of aspartame use have been lying from the beginning and continue to use their money and political clout to cover up the real and present dangers of this toxic product."

In a September 2005 conference in Italy Dr. Soffritti added kidney cancer and cancer of the cranial peripheral nerves to his study, and announced that aspartame is a multipotential carcinogen. This obligates the FDA to invoke

the Delaney Amendment, which states a product producing cancer in animals cannot be put in food.

http://www.wnho.net/aspartame_murders_infants.htm

In the meantime, a member of Parliament, Roger Williams, has demanded a ban in the UK. On March 31 Holland Sweetener, the largest manufacturer of aspartame in Europe reported they will discontinue producing this chemical.

http://www.healthliesexposed.com/articles/article_2006_03_31_3409.shtml

Robin Goodwin, Mission Possible Falklands petitioned for a ban and wrote every resident of the Falklands to quit using aspartame. Here's his letter to the Environmental Improvement Board in New Mexico in August 2005:

"I'm writing to you directly from the Falkland Islands in the south Atlantic in support of the campaign by Mr. Steven Fox:

Stephen@santafefineart.com to have aspartame removed from New Mexico. I know that while I personally do not live in New Mexico, we too are also suffering from this unnecessary poisoning of which two of my family are living proof.

"My wife suffered for many years with daily blinding headaches that nearly led her to suicide because she could not cope with the severity of the pain. Our doctors continuously misdiagnosed her problem and even though she was also having black outs and vision loss to name just a few of the problems, these doctors fed her many varied cocktails of medication and even thought she was paranoid. The real problem was not finally noticed until she tried to get a driving license. She failed because of bad eyesight, which had just been tested three days previous. So after a second test a specialist was flown in from the United Kingdom who diagnosed she was indeed suffering from a brain tumour.

"She had emergency life threatening surgery on the 10th December 2002 and a tumour of 7 centimetres in diameter was removed. We still did not fully understand why she developed this tumour then, but just recently we received an interesting piece of information from a friend who felt that our daughter who is 18 years 9 months may benefit from the information it contained, because she suffers from epilepsy.

"Our daughter has suffered severe epileptic attacks at night since she was just 3 days old. I personally have had to tend her for as many as five times a night for that whole time until I received the information on aspartame. I was stunned at which might possibly be causing these attacks, more so that our doctors for all these years had never even mentioned to me that such a possibility of food additives such as aspartame, which I had not even heard off, so decided there and then to remove all known products with aspartame from our home. There were many products containing this poison, which we were all consuming on a daily basis.

"Since we stopped the aspartame intake. Our daughter has not had a single seizure for the last 2 consecutive weeks. This is incredible and clearly

demonstrates that it is the aspartame that has been causing all the problems. Because of this I have now began a serious awareness campaign on the Falkland Islands to get our Government here to legislature to have this dangerous product banned. My government is now meeting to discuss this issue and I am keenly awaiting the outcome.

"So you see even though we are some eight thousand miles away from your country aspartame is also poisoning our people There are at least 3 recorded cases of brain tumours in our tiny population of just 3,000 people. There is likely many more. Many others have died from unexplained causes. There is also a major increase in the number of cancer related illnesses. Our Falkland Islands children alone are drinking vast quantities of Diet Coke and Pepsi Cola. Both products are known to contain aspartame."

Stephen Fox petitioned the New Mexico Environmental Improvement Board and the Board of Pharmacy to ban aspartame and wrote a bill for the New Mexico legislature. A letter was submitted to Governor Bill Richardson signed by ten Senators asking for New Mexico to be declared in a state of public medical emergency. Governor Richardson can now ban aspartame in New Mexico if he chooses. Dr. H. J. Roberts met with Governor Richardson in West Palm Beach who admitted it should be banned. Aspartame violates state and federal adulteration statutes, and therefore violates interstate commerce laws. Stephen Fox has written to Heads of Nations sending them the documentary, Sweet Misery: A Poisoned World, which features physicians explaining the dangers of this poison. www.amazon.com and Barnes & Noble.

ASPARTAME AND OTHER BLOOD DISORDERS:

Dr. James Bowen wrote more about the blood disorders. "Anciently, autoimmune anemia was a mystery because auto-immunity itself was not understood. So this mysterious breakdown of blood cells, and resultant anemia, was called "Lupus Erythematosis", the red wolf of the blood, which was supposedly devouring the red blood cells and causing anemia. With the advent of immunology as a science, the immune system was recognized as the "wolf".

"Lupus Erythematosis is now often caused by aspartame, which triggers the immune system into an autoimmune status by altering the body's proteins with formaldehyde, which denatures them, and by damaging the bodies genes with agents like formaldehyde and formic acid (fire ant poison), which is a chromosomal shattering agent.

"The immune system is thus confused by the denatured proteins, and defocused because the immune system's own genetic make up is disrupted, defocusing it. The false memories induced in the immune system by the Aspartame denatured proteins are permanent, because the immune system couldn't even function without a lifelong memory.

"Aspartame engendered autoimmunity often results in CHz (Chemical

Hypersensitivity disease), whereby other chemical insults that rough up any body protein, even just a little, can trigger the whole autoimmune attack. People with CHz can have violent autoimmune attacks triggered by concentrations of chemicals, which are far too low for normal people to even notice. So millions of times lower concentrations of a chemical than would be toxic to anyone else can trigger a disastrous reaction in those afflicted with CHz. You would not need to ever again be exposed to Aspartame once it engendered lupus in your body. Exposure to a large variety of autoimmune insults would ever after cause your Lupus to recur, and many other autoimmune disasters could also come your way from CHz.

"It's the very nature of CHz to defocus the immune system further and further, so a wider and wider variety of chemical/immune insults will trigger a wider and wider pattern of immune damage. What started as the blood picture of Lupus Erythematosus could go on to include diabetes, neurodegenerative disease, arthritis, and polymyalgia/chronic fatigue syndrome, for example. This is typically what does happen once CHz is initiated in your body by Aspartame. In addition to an ever-wider array of chemical insults, fungal sporulations, and pollen blooms become unmitigated disasters instead of minor nuisances.

"The final metabolic end products from aspartame include formic acid and carbon monoxide. Formic acid, even in minute concentrations, also ties up the hemoglobin molecule just like cyanide and carbon monoxide do, so the hemoglobin in your red blood cells cannot pick up oxygen and carry it into your body.

"The direct chemical and metabolic effects of aspartame, also causes acidosis of the blood. Methyl alcohol poisoning from aspartame ingestion leads to severe acidosis. This terminates in multiple organ failure in the human body, with heart failure and fatal shock finally ending the life of the aspartame victim in many instances. Christina Onassis, Patty Crane, Charles Fleming whose wife, Diane is now in prison because aspartame killed her husband with typical findings of methanol poisoning, and she was blamed for it, are some well known examples. Diane Fleming's husband often played basketball and was a body builder. It is well known that athletes are at great risk of sudden cardiac death because of aspartame: http://www.wnho.net/aspartame_msg_scd.htm

Diane Fleming can be seen in the aspartame documentary, Sweet Misery: A Poisoned World, interviewed from her Virginia prison. Several physicians have written affidavits that Charles Fleming died from aspartame after reviewing the autopsy. Diane passed a lie detector test and was the one who called the police because the physician did not know the source of the methanol. Who will help her now?

"Carol Hamm was a close friend of mine and she was also an aspartame addict. WE would play cards together several times per month. I watched her go rapidly downhill as the days passed. She would look me right in the eye as she drank her diet pop. She was conveying her thoughts, "Dr.

Bowen, I know you don't think I should not be drinking this, but I am just going to satisfy my addiction anyway, come what may." What came was that a few nights later, she didn't show up for the card game.

"Her daughter, Debby asked around and found that no one had even seen her mom outside the house that day. She called the police in alarm, and said "Dr. Jim would you go over there with them?" We found Carol lying dead in bed with bloody fluid running out of her mouth. The autopsy report was "Pulmonary edema, cause unknown", just like Christina Onassis, Patty Crane and Charles Fleming. In Diane Fleming's case, the prosecutor convinced the jury Diane had to have been the one to poison her husband with methanol, because no one at the trial knew that aspartame is a highly synergized methanol poison.

"A larger appreciation of the toxicity of aspartame is needed so that it can be recognized for the poison that it is. At least you know to keep it completely away from your body. " James Bowen, M.D.

Aspartame not only has religious ramifications but racial as well. Dr. Bowen says that the Tuskegee Syphilis Experiments were chickenfeed compared to boosting the Sickle Cell crisis. He says aspartame enhances the disease, and makes it more deadly and murderous! A dagger in the heart of the black race. This is how it does the deadly deed: A third of the aspartame molecule digests into wood alcohol, CH₄₀. The alcohol next loses 2 hydrogens to be the undertakers' friend: formaldehyde. CH₂₀! Add an oxygen and its formic acid, the venom of fire ants which can kill a person a million times larger, also known as formate! CH₂₀₂. Formate is a "blister poison" that kills and runs, transferring cell-to-cell, killing as it goes, leaving blisters of dead tissue. It destroys the deformed sickle hemoglobin cells reducing the sickle cell count, but it amplifies the disease inciting a sickle cell crisis.

Read Dr. Bowen's entire report on aspartame and the sickle cell crisis titled "Murdering Blacks With Aspartame":

http://www.wnho.net/aspartame_murdering_blacks.htm

ASPARTAME AND CHILDREN:

Dr. John Olney who founded the field of neuroscience called excitotoxicity wrote to the FDA Board of Inquiry explaining how it would damage the brains of our children. The FDA agreed and revoked the manufacturer's petition for approval. It was Don Rumsfeld who said he would call in his markers and get it approved anyway. James Turner, Atty, explains in the film Sweet Misery: A Poisoned World exactly how he did it. Here is the clip:

<http://www.soundandfury.tv/pages/Rumsfeld2.html>

Unfortunately, Dr. Olney's prophecy has been fulfilled as our schools are filled with children with ADD, ADHD, Tourettes and behavioral problems. Aspartame can trigger autism just as the mercury in vaccines does, and aspartame reacts with vaccines.

Schools are greatly concerned about the epidemic of obesity and diabetes. Aspartame and MSG both induce obesity. A 2005 study by Sharon Fowler of the University of Texas linked diet drinks to obesity, and we know that aspartame makes you crave carbohydrates so you gain weight. Further, the formaldehyde accumulates in the fat cells, and damages the liver so it's hard to lose weight. As diabetic specialist, H. J. Roberts writes, aspartame can precipitate diabetes, simulates and aggravates diabetic retinopathy and neuropathy, destroys the optic nerve and even interacts with insulin. Many schools do not know this. The following letter was given to the Alabama Board of Education but they left diet and aspartame soda pop in some grades:

http://www.wnho.net/alabama_boe_meeting.htm They also received the study linking diet drinks to obesity, an epidemiological study with 8 years of data.

To solve this problem the Idaho Observer which publishes the Artificially Sweetened Times, 24 page brochures on aspartame for distribution, is preparing one for schools, pediatricians and OB-GYN physicians. Aspartame has damaged a generation of children, and this effort is our project to Save The Children until the poison is completely off the market. It should be available by the end of April 2006.

We ask that this paper be distributed worldwide, especially to hematologists, pediatricians and those affected. Those with aspartame brain tumors in New York and New Jersey contact me at betty19@mindspring.com

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More information on aspartame on www.dorway.com and www.holisticmed.com/aspartame (Aspartame Toxicity Center)
Aspartame Information List on www.wnho.net click on aspartame for recent studies and updates.

Idaho Observer for booklets for distribution on aspartame, the Artificially Sweetened Times, as well as the upcoming booklets for schools.
www.idaho-observer.com

Books by Dr. H. J. Roberts, www.sunsentpress.com
Books by Dr. Russell Blaylock, www.russellblaylockmd.com

Aspartame Documentary: Sweet Misery: A Poisoned World,
www.amazon.com or Barnes & Noble.

For a CD with the Board of Inquiry Report of the FDA revoking the petition for approval on aspartame, and Dr. John Olney's testimony, as well as the congressional record contact Bob Flint, Mission Possible Maine,

The effect of aspartame metabolites on human erythrocyte membrane acetylcholinesterase activity - New study in Greece

http://www.wnho.net/new_greek_aspartame_studies.htm

The demonstration that large concentrations of aspartame can influence acetylcholine metabolism in any model is important, especially relative to brain function. It has profound implications concerning Alzheimer's Disease.

Combining Food Additives, Liverpool Study:

<http://www.organicconsumers.org/toxic/msg010306.cfm>

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